



REGAL UNLIMITED[®]

Rol Of Enchantment

**CLAIM
YOUR
CROWN**



EXECUTIVE & LEADERSHIP COACHING

“ KNOW YOUR COACH

IQ gets us a job. EQ gets us growth. But it is fulfilment that we deeply aspire for. And it comes from connecting with 'purpose', which is nothing but spiritual quotient (SQ) or love quotient (LQ). Coaching helps you traverse to the 'fulfilment' phase and stay there.

SUBASH CV

Executive Coach | Leadership Coach | ICF Mentor Coach | Healer | 'Highly Commended' Individual Trainer in 2016 EMCC Mentoring Awards | Founder, Regal Unlimited



SUBASH HAS OVER 5,000 COACHING HOURS WITH CORPORATE LEADERS AND PROFESSIONALS, AND HAS TRAINED MORE THAN 300 ASPIRING COACHES.



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An ICF credentialed and a Master Certified Coach (MCC), Subash is also a Senior Practitioner (SP) at EMCC (European Mentoring & Coaching Council) and subscribes to their code of ethics. He brings to the table a unique understanding and perspective on the corporate, corporeal and cosmic linkages that influence all of us. A trained Theta Healer, Subash's coaching, mentoring and leadership development sessions are tailored to meet the challenges most executives struggle with. 'Transformational', 'Highly-Effective' and 'Result-Oriented' are some of the oft-used adjectives used by his clients to describe their experience in his sessions.

ABOUT REGAL UNLIMITED

Regal Unlimited is a boutique consultancy firm (LLP) that offers Executive and Leadership Coaching, Coach Training (ICF accredited and unaccredited, in-house certification), Corporate Training Workshops and healing.

From the nuts and bolts of good leadership to the brass tacks of simple living and high thinking, expect to learn, unlearn and relearn many of life's profound and prosaic truths at Regal Unlimited.

For more information, visit

www.regalunlimited.com/executive-and-leadership-coaching

COACHED LEADERS OF LEADING BRANDS



WHAT IS EXECUTIVE & LEADERSHIP COACHING?

Executive coaching is a powerful means to enhance a leader's ability to understand and effectively use that understanding to better lead and inspire their team, and co-create a working space where everyone thrives.

It is a facilitative one-to-one and systemic approach, wherein the professional coach works with the clients to accelerate their progress by providing greater focus on where they are now, and what can be done to get to where they would like to be. The coach helps create awareness of possibilities, leading to more effective choices. Clear goal setting, improved interpersonal and communication skills and an understanding of one's professional potential are some of the common outcomes. But even though a bulk of the focus of coaching is on organisational performance, it has the undeniable personal component to it as well.

While there are many ways to define this potent transformational tool, we like ICF's definition the most. Coaching, it says, is *"partnering with clients in a thought-provoking and creative process that inspires them to maximise their personal and professional potential."*

This summarises our approach and style to coaching as well. Regal Unlimited's coaching and coach training sessions are based on ICF and EMCC coaching competencies, the top two coaching bodies in the world.

WHAT ARE YOU SIGNING UP FOR?

We see ourselves as enablers in your journey of self-discovery and self-actualisation. Our approach is therefore predicated on the belief that you have all the answers you seek.

The coaching conversations are therefore designed to get you the best of the coaching competencies based on your personal requirement and challenges.

- While coaching is a process, it isn't limited by it. At Regal, we live by this. Our Mentor Coach will work with you and help you transition from your current state to a more resourceful state, as per your requirement and definition of it.
- The entire process consists of three buckets – Goals, Deep Exploration and Action. And we will help you align to, appreciate and achieve the transition.

WHAT'S THE CURRICULUM LIKE?

Our coaching practice is designed in such a way that the coach becomes as much a confidant, as an accountability partner in your journey. We work with you to decide on the goals and the ways to achieve the goals, giving the entire process a sense of ownership.

The Regal Coaching Model is the mainstay of our coaching process. As per requirement, we use psychometric tools as well as specialised coaching tools such as **Regal@60**, **EI**, **360degree feedback**, etc.

Our coaching curriculum comprises **six to twelve coaching sessions** with the first session being complementary. This session enables the coach and you to understand each other and define the expected outcome from the engagement.

PROGRAMME FEE:

write to us at
info@regalunlimited.com
for details on the fee.

WHY US?

Coaching borrows from consulting, psychology, philosophy, sports, therapy and many other areas. At Regal Unlimited, we bring to you the best of both the worlds. We will help you to:

- ✓ Heighten self-awareness and learning in order to take action
- ✓ Address breakdowns and blocks to achieving personal and organisational results
- ✓ Identify patterns in interactions and understanding how they contribute to the situations
- ✓ Look at system issues and those of organisational alignment
- ✓ Determine how to manage change
- ✓ Work with resistance in both the client and the system
- ✓ Support with communication, decision-making and conflict-management skills

“ TESTIMONIALS



My professional journey along with Subash as a coach, started in April 2013. Since then, he has been a great anchor to me at a personal level. He has empowered me with simple and easy-to-use tools, which have had a great impact on my profession and personal life. He also helped me to see perspectives, which otherwise would have been limited by the typical “spotlight”. I wish him the best in his endeavours.

Jubilant Clement
(Country Manager - MEA, DLW Flooring GmbH)



Subash has been my mentor coach for many months and has had a profound impact on my being. He has a very zen-like approach to life and conversations with him have led to greater self-awareness and contentment. If you are looking for an executive or life coach, I highly recommend that you consider Subash.

Jayashankar Jayaraman
(Startup Mentor, Independent Director and Executive Coach)



I was curious about the idea of coaching when one esteemed senior at work recommended Subash to me. I am ever so glad that I gave it a shot. While I am still applying the principles that I have ‘discovered’ through my coaching sessions, there is no doubt that it has already allowed me to see things for what they really are. The sessions have helped me respond effectively to whatever comes my way at work and balance my personal life alongside too.

AM

Write to info@regalunlimited.com for more details.